

DAILY PRAYER



StLeonard's & StPeter's
BENEFICE OF EYNHAM & CASSINGTON



LORD TEACH US TO PRAY

INTRODUCTION

It's not always easy to pray on our own. In fact it's not easy to pray at all at times. We have this in common with pretty much all Christians through the ages. Christians have always used the prayers of others to help, especially when they don't feel like praying. The very act of saying those prayers is an expression of faith. This booklet includes scripture and prayers written by Christians from throughout the centuries.

HOW DO I USE THIS BOOKLET?

Many of us have a time of personal quiet time with bible reading notes and Christian liturgy can help structure these times, reminding us to praise God for his goodness as well as come to him in confession. The prayers in this booklet can also simply be a prayer resource to use in your own way.

PRAYING TOGETHER ON YOUR OWN

It's always good to remember that although we might be on our own when we pray we are certainly not alone. Jesus is with us through the Holy Spirit, helping us in our prayer, and we also join together with Christian brothers and sister across the world in approaching our loving, heavenly Father. The creeds included also remind us that we share our faith with many others, today and throughout history.

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CONFESSIONS

Lord my God,
in my sin I have avoided your call.
My love for you is like a morning cloud,
like the dew that goes away early.
Have mercy on us;
deliver us from judgement;
bind up our wounds and revive us;
in Jesus Christ our Lord.
Amen

Lord God,
we have sinned against you;
we have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrongdoing and cleanse us from our sin.
Renew a right spirit within us
and restore us to the joy of your salvation,
through Jesus Christ our Lord.
Amen

THE PROMISE OF FORGIVENESS

If we claim to be without sin, we deceive ourselves and the truth is not in us. **If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.** *1 John 1:8-9 (NIV)*

SUNDAY

PREPARATION

O Lord, open our lips;
and our mouth shall proclaim your praise.

Lord our God,
As with all creation
We offer you the life of this day,
Give us grace to love and serve you
To the praise of Jesus Christ our Lord.
Amen

CONFESSION (page 2)

SONG OF PRAISE

Be joyful in the Lord, all you lands;
Serve the Lord with gladness
And come before his presence with a song.
Know this: the Lord himself is God;
He himself has made us and we are his;
We are his people and the sheep of his pasture.
Enter his gates with thanksgiving and into his courts with praise:
give thanks to him and call upon his name.
For the Lord is good; his mercy is everlasting;
And his faithfulness endures from age to age.

Psalm 100

BIBLE READING

Quieten my heart before you Lord.

Speak to me and give me your peace. Amen.

*Use a lectionary reading or your own notes after which you might like to use the **CREED** and then the **BENEDICTUS**.*

PRAYER

Prayers for the world, the church and ourselves.

COLLECT

God of glory,
by the raising of your Son
you have broken the chains of death and hell:
fill your Church with faith and hope;
for a new day has dawned
and the way to light stands open
in our Saviour Jesus Christ.
Amen.

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen

CONCLUSION

May the risen Christ grant us the joy of eternal life. Amen.
Let us bless the lord.
Thanks be to God.

MONDAY

PREPARATION

O Lord, open our lips;
and our mouth shall proclaim your praise.
Blessed are you, creator God;
to you be praise and glory for ever!
As your Spirit moved over the face of the waters
bringing light and life to your creation,
pour out your Spirit on us today,
that we may walk as children of light
and by your grace reveal your presence,
Father, Son and Holy Spirit. Amen

CONFESSION (page 2)

SONG OF PRAISE

The Lord is full of compassion and mercy,
Slow to anger and of great kindness.
He will not always accuse us,
Neither will he keep his anger for ever.
He has not dealt with us according to our sins,
nor rewarded us according to our wickedness.
For as the heavens are high above the earth,
so great is his mercy upon those who fear him.
As far as the east is from the west,
so far has he set our sins from us.
As a father has compassion on his children,
so the Lord is merciful towards those who fear him.

BIBLE READING

As I read your word, Lord,
open my eyes to see your glory and love. Amen

*Use a lectionary reading or your own notes after which you might like to use the
CREED and then the **BENEDICTUS**.*

PRAYER

Prayers for the world, the church and ourselves.

COLLECT

Guide us, Lord, in all our doings,
with your most gracious favour
and further we ask with your continual help;
that in all our works begun, continued and ended in you,
we may glorify your name,
and by your mercy attain everlasting life;
through Jesus Christ our Lord. Amen

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen

CONCLUSION

Christ yesterday and today, the beginning and the end,
Alpha and Omega, all time belongs to you, and all ages;
to you be glory and power through every age and forever. Amen.

TUESDAY

PREPARATION

O Lord, open our lips;
and our mouth shall proclaim your praise.

Blessed are you Sovereign God of all,
To you be praise and glory for ever.
In your tender compassion
the dawn from on high is breaking upon us
to dispel the lingering shadows of the night.
As we look for your coming among us this day,
open our eyes to behold your presence
And strengthen our hands to do your will, that the world may rejoice and give you
praise, Father, Son and Holy Spirit

CONFESSIO (page 2)

SONG OF PRAISE

Bless the Lord, O my soul,
and all that is within me bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits;
Who forgives all your sins
and heals all your infirmities;
Who redeems your life from the pit
and crowns you with faithful love and compassion;
Who satisfies you with good things,
so that your youth is renewed like an eagle's.

Psalm 103

BIBLE READING

Thank you, Heavenly Father, for the Bible.

As I read would you lead me into your truth. Amen.

*Use a lectionary reading or your own notes after which you might like to use the **CREED** and then the **BENEDICTUS**.*

PRAYER

Prayers for the world, the church and ourselves.

COLLECT

Eternal God and Father,
you create and redeem us by the power of your love:
guide and strengthen us by your Spirit,
that we may give ourselves in love and service
to one another and to you;
for the love of your only Son,
our Saviour Jesus Christ. Amen

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen

CONCLUSION

The Lord bless us, and preserve us from all evil,
and keep us in eternal life. Amen.

Let us bless the Lord.

Thanks be to God.

W E D N E S D A Y

PREPARATION

O Lord, open our lips;
and our mouth shall proclaim your praise.

Heavenly Father,
you have not made us for darkness and death,
but for life with you for ever.

Without you we have nothing to hope for;
with you we have nothing to fear.

Speak to us now your words of eternal life.

Lift us from anxiety and guilt
to the light and peace of your presence,
and set the glory of your love before us;
through Jesus Christ our Lord.

CONFESSIO (page 2)

SONG OF PRAISE

You are worthy, our Lord and God,
to receive glory and honour and power.

For you have created all things,
and by your will they have their being.

You are worthy, O Lamb, for you were slain,
and by your blood you ransomed for God
saints from every tribe and language and nation.

You have made them to be a kingdom and priests
serving our God,
and they will reign with you on earth.

Revelation 4.11; 5.9b, 10

BIBLE READING

As I come to your word,
strengthen my will to follow you, my Lord. Amen.

*Use a lectionary reading or your own notes after which you might like to use the
CREED and then the **BENEDICTUS**.*

PRAYER

Prayers for the world, the church and ourselves.

COLLECT

Kindle in our hearts, O God,
the flame of love which never ceases,
that it may burn in us, giving light to others.
May we shine forever in your temple,
set on fire with your eternal light,
even your son Jesus Christ,
our Saviour and our Redeemer. Amen

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen

CONCLUSION

Christ be with me, Christ within me, Christ behind me, Christ before me,
Christ beside me, Christ to win me, Christ to comfort and restore me,
Christ beneath me, Christ above me, Christ in quiet, Christ in danger,
Christ in hearts of all that love me, Christ in mouth of friend and stranger.
Amen.

THURSDAY

PREPARATION

O Lord, open our lips;
and our mouth shall proclaim your praise.

Blessed are you, Sovereign God,
king of the nations,
to you be praise and glory for ever.

From the rising of the sun to its setting
your name is proclaimed in all the world.

As the Sun of Righteousness dawns in our hearts
anoint our lips with the seal of your Spirit
that we may witness to your gospel
and sing your praise in all the earth,
Father, Son and Holy Spirit.

CONFESSIO (page 2)

SONG OF PRAISE

Christ Jesus was in the form of God,
but he did not cling to equality with God.
He emptied himself, taking the form of a servant,
and was born in our human likeness.
Being found in human form he humbled himself,
and became obedient unto death, even death on a cross.
Therefore God has highly exalted him,
and bestowed on him the name above every name,
That at the name of Jesus every knee should bow,
in heaven and on earth and under the earth;
And every tongue confess that Jesus Christ is Lord,
to the glory of God the Father

Philippians 2.5-11

BIBLE READING

Lord Jesus, help my mind to understand your word,
and my heart to love your ways. Amen.

*Use a lectionary reading or your own notes after which you might like to use the
CREED and then the **BENEDICTUS**.*

PRAYER

Prayers for the world, the church and ourselves.

COLLECT

O God, the source of all good desires,
all right judgements, and all just works:
give to your servants that peace
which the world cannot give;
that our hearts may be set to obey your commandments,
and that freed from the fear of our enemies,
we may pass our time in rest and quietness;
through Jesus Christ our Lord. Amen.

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen

CONCLUSION

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with us all evermore. Amen

FRIDAY

PREPARATION

O Lord, open our lips;
and our mouth shall proclaim your praise.
Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.
In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.
As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise,
Father, Son and Holy Spirit.

CONFESSIO (page 2)

SONG OF PRAISE

O come, let us sing to the Lord;
let us heartily rejoice in the rock of our salvation.
Let us come into his presence with thanksgiving
and be glad in him with psalms.
For the Lord is a great God
and a great king above all gods.
In his hand are the depths of the earth
and the heights of the mountains are his also.
The sea is his, for he made it,
and his hands have moulded the dry land.
Come, let us worship and bow down
and kneel before the Lord our Maker.
For he is our God;
we are the people of his pasture and the sheep of his hand.

Psalm 95

BIBLE READING

Teach me, dear Lord, truth from your living word
that I might grow to be like you. Amen

*Use a lectionary reading or your own notes after which you might like to use the
CREED and then the **BENEDICTUS**.*

PRAYER

Prayers for the world, the church and ourselves.

COLLECT

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults that you have borne for us.
Most merciful redeemer, friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. Amen

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen

CONCLUSION

Unto him that is able to keep us from falling,
and to present us faultless
before the presence of his glory with exceeding joy,
to the only wise God our Saviour,
be glory and majesty, dominion and power,
both now and ever. Amen

SATURDAY

PREPARATION

O Lord, open our lips;
and our mouth shall proclaim your praise.

Blessed are you, Sovereign God,
ruler and judge of all,
to you be praise and glory for ever.

In the darkness of this age that is passing away
may the light of your presence which the saints enjoy
surround our steps as we journey on.

May we reflect your glory this day
and so be made ready to see your face
in the heavenly city where night shall be no more.

Blessed be God, Father, Son and Holy Spirit.

CONFESSIO (page 2)

SONG OF PRAISE

O God, you are my God; eagerly I seek you;
my soul is athirst for you.

My flesh also faints for you,
as in a dry and thirsty land where there is no water.

So would I gaze upon you in your holy place,
that I might behold your power and your glory.

Your loving-kindness is better than life itself
and so my lips shall praise you.

I will bless you as long as I live
and lift up my hands in your name.

My soul shall be satisfied, as with marrow and fatness,
and my mouth shall praise you with joyful lips.

BIBLE READING

Lord, your disciples confessed that only you have the words of eternal life. As I read these words would they change me, comfort me and remind me of the hope I have in you. Amen.

*Use a lectionary reading or your own notes after which you might like to use the **CREED** and then the **BENEDICTUS**.*

PRAYER

Prayers for the world, the church and ourselves.

COLLECT

Keep us, O Lord,
while we wait on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
every day of our lives;
that when you come, we may be found
not hiding our talent, nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever. Amen

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen

CONCLUSION

May Christ dwell in our hearts by faith. Amen
Let us bless the Lord.
Thanks be to God.

EVENING PRAYERS

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.

In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.
Abide with us, Lord Jesus,
for the night is at hand and the day is now past.
As the night watch looks for the morning,
so do we look for you, O Christ.
The Lord bless us and watch over us;
the Lord make his face shine upon us
and be gracious to us;
the Lord look kindly on us and give us peace. Amen

Lighten our darkness,
Lord, we pray,
and in your great mercy
defend us from all perils and dangers of this night,
for the love of your only Son,
our Saviour Jesus Christ. Amen.

BENEDICTUS

from Luke 1

Blessed be the Lord the God of Israel,
who has come to his people and set them free.

He has raised up for us a mighty Saviour,
born of the house of his servant David.

Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,
To show mercy to our ancestors,
and to remember his holy covenant.

This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,
Free to worship him without fear,
holy and righteous in his sight
all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation
by the forgiveness of all their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

APOSTLES' CREED

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.

Amen.

BAPTISMAL EXHORTATION

Do not be ashamed to confess the faith of Christ crucified.

Fight valiantly as a disciple of Christ
against sin, the world and the devil,
and remain faithful to Christ to the end of your life.